

# #DO THE IMPOSSIBLE: RESILIENCE



## A Keynote on Personal Empowerment by Overcoming Adversity

*"Jason's presentation not only was the epitome of 'expect the unexpected,' but his personal story was a potential tearjerker for me. If you want to be mesmerized, inspired, and uplifted, please book Jason to perform for you."*

— Latasha Willis, NAMI Mississippi

**Are you properly prepared to overcome rejection, deal with the mental health challenges of a global pandemic, or navigate a health crisis with a healthy mindset?** In fact, if your life took a sudden turn today, how would you respond?

**In today's volatile world, the most important skill we can develop is that of resilience.** Being able to easily bounce back from the unexpected challenges of life gives you a pivotal life skill. Being resilient also gives you an **advantage in business, athletics, education, and numerous other competitive arenas** that will serve you well your entire life.

Jason Michaels grew up with the debilitating and often misunderstood neurological disorder Tourette Syndrome. By developing and adapting the most effective resilience techniques, he navigated a difficult life path and became a model of high performance – winning international magic awards.

## #DOTHEIMPOSSIBLE: RESILIENCE Highlights



**To watch Jason's Resilience Program Highlights, click the image above or visit <https://vimeo.com/808757653>**

Although the naysayers claimed it would be impossible for him to become a professional entertainer, today he is an accomplished professional magician who has performed for hundreds of thousands of people in thirty countries around the world.

While Jason still lives with the uncontrollable tics, twitches, and vocalizations of Tourette's, **this is NO tragic story**. By using his skills as a magician and comedian, Jason delivers a **powerful program on RESILIENCE which teaches his five most effective resilience techniques**, all while engaging his audience with **his inspiring one-of-a-kind story**, his **eye-opening insights**, and **amazing demonstrations** that help **illustrate and teach his life-changing resilience strategies**.

**Immediately** upon learning Jason's resilience strategies, **your people will be empowered** to better **overcome the challenges of life and thrive during these uncertain times**.



***"THANK YOU! I immediately messaged my VP following the event and said how powerful your program and message came across!"***

— B.J. Keefer, University of Lynchburg

## **YOUR AUDIENCE WILL LEAVE WITH THESE TAKEAWAYS:**

1. **Ownership.** Take the first steps past denial and towards empowerment by identifying and "owning" the challenges that feel overwhelming.
2. **Communication.** Feeling embarrassed by your challenges? That was a decades long mental block for Jason. Learn how communication can "normalize" what you are dealing with.
3. **Compassion.** Treating yourself with compassion is one of the foundational building blocks in the development of resilience.
4. **Perspective.** Lack of perspective is the number one thing most people get wrong. Bring your obstacles into proper perspective and the rest of your life starts coming into focus, too.
5. **Gratitude.** Being thankful is an everyday choice. Choosing to focus on healthy thoughts crowds out unhealthy thoughts.

***"Jason that was amazing. Your five resiliency strategies can help everyone!"***

— Rhonda Desrochers, Tourette Association Vermont

**[JasonMichaelsMagic.com/resilience](http://JasonMichaelsMagic.com/resilience)**